

**MONTGOMERY HIGH CHEERLEADING TRYOUT SCORE SHEET**

YEAR: \_\_\_\_\_

Tryout #: \_\_\_\_\_

**PRESENTATION (10 points)**

BAD-----GOOD

- Appropriate Outfit
- Shirts tucked in, jewelry removed
- Nails trimmed, hair pulled back

1 3 5 7 10

\_\_\_\_\_

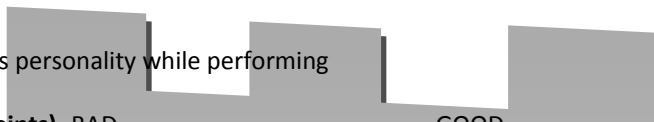
**EXPRESSIONS/ENTHUSIASM (10 points)**

BAD-----GOOD

During Dance and Cheer:

- Engages the crowd
- Genuine, fun to watch, shows personality while performing

1 3 5 7 10



\_\_\_\_\_

**CHEER & INDIVIDUAL SIDELINE (20 points)**

BAD-----GOOD

Motion Technique

- Stiffness, levels, fists
- Timing/Coordination

1 3 5 7 10



Correct use of words

- Clarity/Pronunciation/Volume

1 2 3 4 5



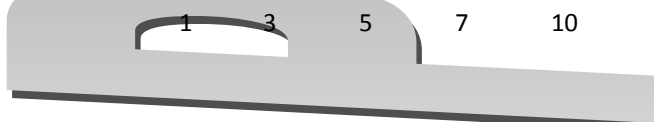
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**DANCE (10 points)**

BAD-----GOOD

- Motion Technique
- Timing/Coordination
- Knowledge of material

1 3 5 7 10



\_\_\_\_\_

**JUMPS (20 points)**

BAD-----GOOD

Toe-touch

- Straight legs, pointed toes
- Legs to chest, not hunched over

1 3 5 7 10



Front Hurdler

1 3 5 7 10



\_\_\_\_\_

**TUMBLING (10 point potential)**

Cartwheel

1

Standing Back Handspring

3

Round-off Back Handspring

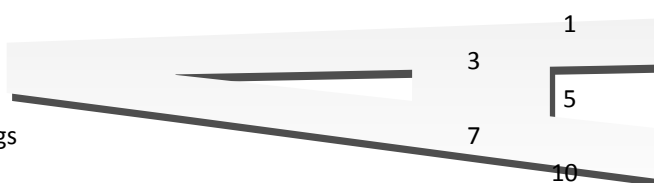
5

Round-off with series back handsprings

7

Round-off back tuck or more

10



\_\_\_\_\_

**STUNTING (20 points)**

Flyer \_\_\_\_\_

Base \_\_\_\_\_

Experience \_\_\_\_\_

BAD-----GOOD

Execution/Technique

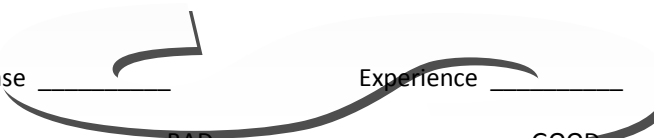
- Clean, stable, safe
- Shows potential for improvement

1 3 5 7 10

Difficulty

- Clean, stable, safe
- Demonstrates knowledge of skills

1 3 5 7 10



\_\_\_\_\_

Notes:

**JUDGES SCORE: \_\_\_\_\_/100**